



CONGRATULATIONS!

NAME Adam Ford

RACE Male Vet 45

	POSITION	INDIVIDUAL TIME	POSITION IN GROUP	POSITION	CUMULATIVE TIME
TOUR	47	4:07:21	10		
10K	55	46:38	11	53	46:38
HELL ON THE FELL	42	48:20	11	46	1:34:59
HERO HALE MARATHON	46	1:39:43	11	47	3:14:42
DR. RON HYDE	62	52:38	11	47	4:07:21

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